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Posted by Mike Holden Ive been a huge Caps fan for a long time and

One of the players asked one of the bench personnel to see if he could get them to take it down.

You were a machine, Caps, and thousands of people were inspired by it.

Other Notes: For some great analysis, check out this post by WNST's Ed Frankovic and his theory on why the Caps have played better this week.

with one second left to knock away a puck that was about to become a
the focus should be as you sit outside the playoffs with under 20 games left
full 60 minutes on a consistent basis.

of his actions, act like a team leader publicly, etc.

of little things well in yesterdays 4-3 win over the Bruins in Boston.

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